

Westfield Infant News

April 2025



Message from Mrs Ruane



Now we are two weeks into the summer term, it has been wonderful to see the children playing games and participating in activities out in the sunshine at break and lunchtimes. The behaviour and attitudes of our children is exemplary around school and they are gaining more and more confidence when sharing their opinions and what they are learning about.

It seems a long while ago since our last newsletter and I want to thank all the children and families who came to our WISA Easter Bingo at the end of term. It was a fun and enjoyable evening and many of you won Easter eggs to keep you going over the Easter holidays and beyond! 😊 WISA did a great job of organising this event and I would like to thank them for their time and commitment to our school events.

As the weather is getting warmer we are able to have more after school clubs and I am really pleased Miss Myring and her group of gardeners are planting all sorts of vegetables in our school garden. Miss Robinson is also busy with the eco warriors who are making improvements to our outdoor areas.

As you are all aware, we had our OFSTED inspection on 29th and 30th April. We cannot share our outcomes until we receive our final report. As soon as it arrives I will share it with you all on Dojo and it will also appear on our school website.

Our summer term is very short and the weeks will fly by. Please take note of our diary dates as there is a lot going on over the next few weeks. We will also keep you updated with reminders on Class Dojo.

Diary Dates

May

- 5th May – Bank Holiday Monday
- 19th-23rd May – Walk to school week
- 21st May – Team Equality assembly
- 23rd May last day of the half term.

June

- 2nd June – School opens
- 6th June – Sports day (timetable to follow)
- 9th June – Year 1 phonics screening week

Census Day

On Thursday 15th May we will be having our Census Day menu. Please support us by opting for a school meal on this day. Your child should have brought home a copy of the Census day special menu – please also see the menu below.



11th June – Transition evening for all parents of children in EYFS and Year 1.

16th June – Conkers trip (Year 2)

18th June – Team trust assembly

20th June – Year 1 synagogue trip

20th June all share and shine work due in

20th June – WISA summer fair

23rd June – Resource base (Den) sports morning

24th June – new EYFS intake evening 5-6pm

26th June – share and shine event after school

30th June - Resource base (Forest) sports morning

July

1st July – Year 2 performance

2nd July – Team Kindness assembly

3rd July – Transition day (new classes)

4th July – pupil reports shared

7th July – Year 2 leavers assembly

9th July – last day of term

As and when more events arise we will add to the diary dates and inform you on Class Dojo



Sun Reminder!

As the weather is warmer now, please ensure sun cream is applied at home and before the school day.

Children are encouraged to wear sun hats when they are walking to school and for break and lunch times.

Please ensure children continue to come to school in sensible footwear.

All items should be clearly named so we can match the right item to the right child.

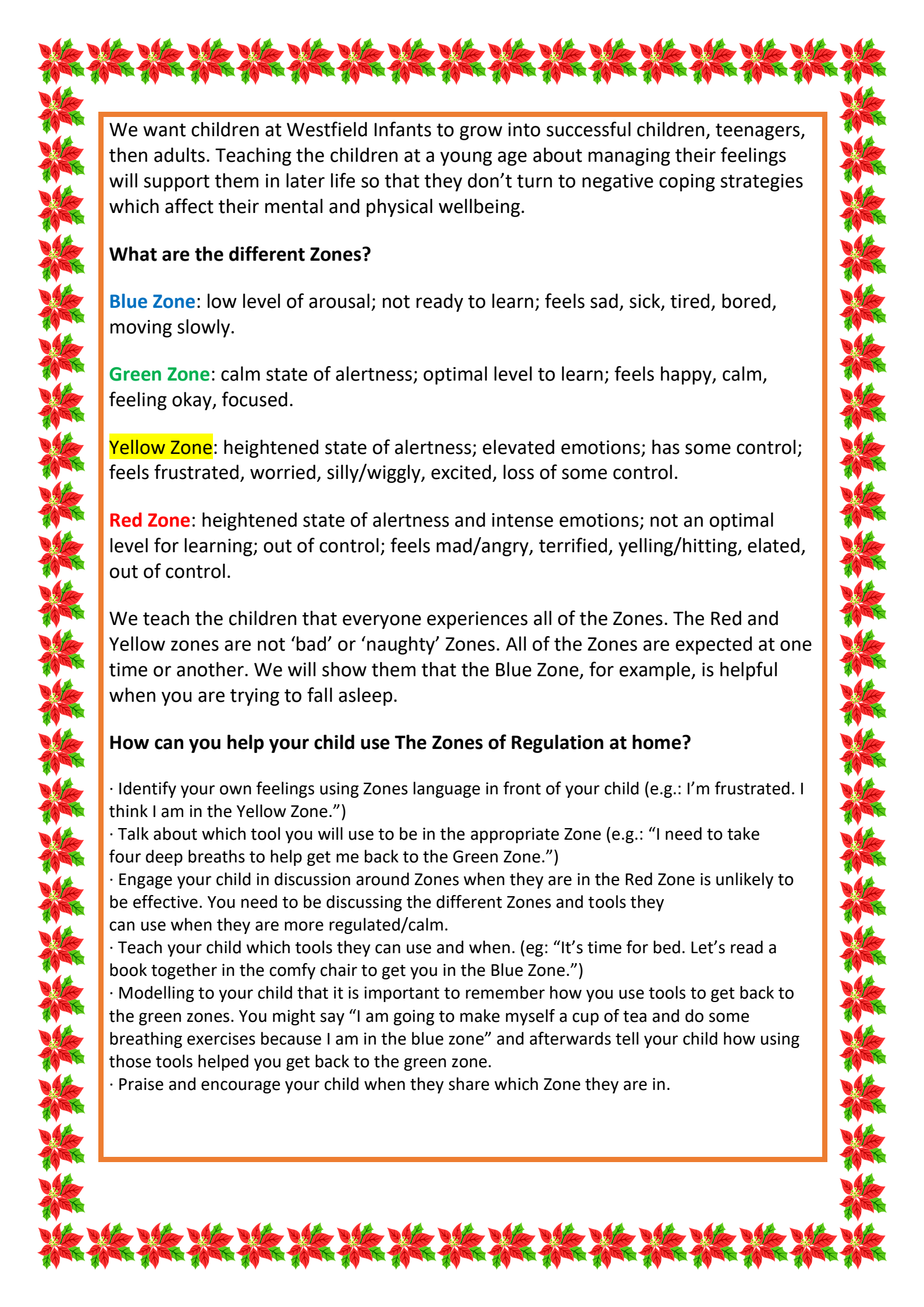


Behaviour

			
BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling/Hitting Elated Out of Control

The ZONES of Regulation®

At Westfield Infants, we use the Zones of Regulation throughout the whole school as part of our behaviour policy. We want to teach all of our children good coping and regulation strategies so they can help themselves when they experience anxiety and stress. In the classroom, sometimes children panic when faced with a tricky learning problem or challenge. By teaching them how to cope with these feelings might make them better at tackling learning challenges and build better resilience so they don't give up so easily when faced with difficulty.



We want children at Westfield Infants to grow into successful children, teenagers, then adults. Teaching the children at a young age about managing their feelings will support them in later life so that they don't turn to negative coping strategies which affect their mental and physical wellbeing.

What are the different Zones?

Blue Zone: low level of arousal; not ready to learn; feels sad, sick, tired, bored, moving slowly.

Green Zone: calm state of alertness; optimal level to learn; feels happy, calm, feeling okay, focused.

Yellow Zone: heightened state of alertness; elevated emotions; has some control; feels frustrated, worried, silly/wiggly, excited, loss of some control.

Red Zone: heightened state of alertness and intense emotions; not an optimal level for learning; out of control; feels mad/angry, terrified, yelling/hitting, elated, out of control.

We teach the children that everyone experiences all of the Zones. The Red and Yellow zones are not 'bad' or 'naughty' Zones. All of the Zones are expected at one time or another. We will show them that the Blue Zone, for example, is helpful when you are trying to fall asleep.

How can you help your child use The Zones of Regulation at home?

- Identify your own feelings using Zones language in front of your child (e.g.: "I'm frustrated. I think I am in the Yellow Zone.")
- Talk about which tool you will use to be in the appropriate Zone (e.g.: "I need to take four deep breaths to help get me back to the Green Zone.")
- Engage your child in discussion around Zones when they are in the Red Zone is unlikely to be effective. You need to be discussing the different Zones and tools they can use when they are more regulated/calm.
- Teach your child which tools they can use and when. (eg: "It's time for bed. Let's read a book together in the comfy chair to get you in the Blue Zone.")
- Modelling to your child that it is important to remember how you use tools to get back to the green zones. You might say "I am going to make myself a cup of tea and do some breathing exercises because I am in the blue zone" and afterwards tell your child how using those tools helped you get back to the green zone.
- Praise and encourage your child when they share which Zone they are in.

Core Values and British Values

Resilience, Responsibility, Respect, Relationships and Recognition.



Our Core Values weave through everything we do at Westfield Infant School. During our **Everyone's Welcome** assembly this month, we talked about the importance of mutual respect (a British Value) and relationships (a Core value) with others. We shared the image below about a boy who sacrificed winning the race to help a person in need.



You can use this image to have a conversation around Everyone's Welcome at home. What is the image showing? Why is it about 'Everyone's Welcome'?

VE Day photos



